

18	19	20	21	22
8-5 Fitness Room Computer Lab 9:45 "Ageless Grace" Exercise 10-Crafts- Quilting 10- <b>Music Fest</b> (Ella Mac Barfield) 11:45 Senior Dining	8-5 Fitness Room Computer Lab 10- Crafts- Easter Project 10- <b>PRESENTATION</b> <b>Michelle S/Nutrition</b> 10:30 Word History 11:45 Senior Dining	8-5 Fitness Room Computer Lab 9:45 "Ageless Grace" Exercise 10-Crafts- Quilting 10- <b>PRESENTATION</b> <b>Big Bend Cares/HIV</b> <b>Care &amp; Services</b> 11:45 Senior Dining 12:45 <b>MATERIAL AID</b>	8-5 Fitness Room Computer Lab 10- Crafts- Easter Project 11:30 <b>Lee/ Thrift Store</b> (bag lunch) 10:30 Word History 11:45 Senior Dining	8-5 Fitness Room Computer Lab 10:00 <b>BINGO</b> 11:00 <b>Bean Bag Toss</b> (Posey Brinson) 11:45 Senior Dining
25	26	27	28	29
8-5 Fitness Room Computer Lab 9:45 "Ageless Grace" Exercise 10- <b>Trip to Nursing</b> <b>Home</b> 10-Crafts- Quilting 11:45 Senior Dining	8-5 Fitness Room Computer Lab 10- Crafts- Easter Project 10:30 Word History 11:45 Senior Dining	8-5 Fitness Room Computer Lab 9:45 "Ageless Grace" 11:45 Senior Dining 7:30- <b>TALLAHASSEE</b> <b>SENIOR DAY</b>	8-5 Fitness Room Computer Lab 10-Crafts- Easter Project 10:30 Word History 11:45 Senior Dining 12- <b>BIRTHDAY CAKE</b> <b>&amp; ICE CREAM</b>	8-5 Fitness Room Computer Lab 10:00 <b>BINGO</b> 11:00 <b>Parachute game</b> (Debbie Brown) 11:45 Senior Dining

Transportation is provided Monday through Friday for recreational activities. For reservations for transportation, call the Center beginning at 8:00 AM – 8:30 AM daily at 973-4241. Consumers have the option to call Center for reservations or designate a friend to inform the driver to pick them up.

Activities begin @ 10:00 a.m. depending on the activity or event scheduled for that particular day. Departure is at 1:00 PM, except on Thursday and Fridays, with departure is at 12:30 PM. Scheduled transportation is until 5:00 PM.

Meals are prepared and provided on Monday through Friday for congregate and homebound consumers. Frozen meals are provided for weekends as needed due to the frailty and specific needs of the consumer. Home-delivered meals are provided to homebound consumers upon qualifications based on guidelines developed by the Department of Elder Affairs. (800-963-5337)

Energy Assistance is by appointment only. For more information please contact Janice King at (850) 973-4241.

Sat. 3/9 "30's CLUB DINNER" Lunch served at 11:45 Call 850-973-4241 for Reservations. Free to all Seniors.

Sat. 3/30 SENIOR APPRECIATION DAY TO OUR SENIORS!